

The purpose of this form is to keep a record of Divers agreeing to the Plymouth Diving Code of Conduct.

Once you have read the Code of Conduct please complete the form below and answer 'YES' in question 6 in Section 4, by doing so you agree to abide by the Code of Conduct.

\* Required

## **General Behaviour**

1. I will display a high standard of behaviour at all times and treat people with due dignity and respect.

2. I will treat everyone equally and never discriminate against another person associated with Swim England on any grounds including that of age, sexual orientation, gender, faith, ethnic origin or nationality.

3. I understand that the use of inappropriate or abusive language, bullying, harassment, or physical violence will not be tolerated and could result in action being taken through the disciplinary or child welfare policies.

4. I will report any poor behaviour by others to an appropriate adult.

5. I will recognise and celebrate the good performance and success of fellow club and team members along with competitors of other clubs.

6. I will respect the privacy of others, especially in the use of changing facilities.

### Training

1. I will report any changes in the state of my health to the coach prior to training sessions/events (this is the responsibility of a parent/guardian if the diver is under 18).

2. I will ensure I arrive punctually for training sessions/events and inform my coach or a member of the coaching team if there is an unavoidable problem (this is the responsibility of a parent/guardian if the diver is under 18). I understand that if I arrive late, I must report to my coach.

3. I will inform the coach before a session if I am going to be absent or I am to be excused early from a training session/event (this is the responsibility of a parent/guardian if the diver is under 18). If I need to leave for any reason during training, I will inform my coach before doing so.

4. I will ensure I am properly and adequately attired for training sessions/events (this is the responsibility of a parent/guardian if the diver is under 18).

5. I will listen to what my coach is telling me at all times and obey any instructions given particularly in relation to safety.

6. I will always swim to the pool edge immediately after a dive as instructed so I am not a danger to other divers.

7. I will think about what I am doing during training, and if I have any problems, I will discuss them with my coach at an appropriate time.

# Competitions

1. I understand that I must wear appropriate swimwear, tracksuits, T-shirts/shorts as per the rules laid down by the club.

2. I will report to my coach on arrival at the event.

3. I will warm up before the event as directed by the coach in charge on that day and ensure I fully prepare myself for the competition.

4. After each dive I will report to my coach for feedback.

5. I will be part of a supportive team and on chaperoned trips will stay with the team on poolside. If I have to leave poolside for any reason, I will get the consent of a chaper-one/coach before doing so.

6. On chaperoned trips I will not leave an event until the competition is complete or I have the explicit agreement of a chaperone/coach (this is the responsibility of a parent/guardian if the diver is under 18).

# Additional Requirements for Chaperoned Events

1. Divers must listen to chaperones and obey instructions particularly in relation to their safety.

2. Divers must wear seat belts provided whilst travelling. Drivers must not be distracted by poor behaviour.

3. Noise must be kept to a reasonable level.

4. Any faults to the accommodation must be reported to a chaperone. Any non-accidental damage to the accommodation must be paid for by the divers' parent/guardian. Beds are not to be used as a trampoline.

- 5. The club cannot be held responsible for damage to or the loss of personal items.
- 6. The accommodations health and safety rules must be followed.
- 7. Chaperones will set a curfew at which time lights and electronic devices must be switched

### 1. Divers Name \*



### 2. Under 18 \*



) No

### 3. Parents/Guardian Name \*

4. Parents/Guardian Telephone number \*

5. Parents/Guardian email address \*

6. I have read and understood the Code of Conduct for divers and understand any breach of this may result in disciplinary action being taken. \*

 7. Print Name (treated as electronic signature) If under 18 this must be countersigned by a parent/guardian. \*

8. Parents Name (treated as electronic signature) if diver under 18

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